

# Bio:

## John Martin, PhD

John E. Martin, Ph.D. has been a professor of psychology and licensed clinical psychologist since 1978. He received his doctorate in clinical psychology from Auburn University, in Auburn, Alabama. He has also earned two masters degrees in Experimental Psychology and Speech Pathology (New Mexico State University, 1972, 1974), after receiving his bachelor's degree in Economics and Business Administration from Knox College (1969).

For the past 31 years he has held a number of academic and clinical appointments, including Staff Psychologist and Director of Behavioral Medicine Consultation Service at the Jackson, Mississippi VA Medical Center, and Associate Professor of Psychiatry and Medicine at the University of Mississippi School of Medicine (1978-1986), Associate Adjunct Professor of Psychiatry, University of California, San Diego School of Medicine (1988-9), and Professor of Psychology and Director of the Behavioral Medicine Clinic at San Diego State University (1986-2007) – where he served as Program Co-Director and Director of Clinical Training (DCT) of the SDSU/UCSD Joint Doctoral Program in Clinical Psychology (1986-1990). He is currently Professor of Clinical Psychology of Fuller Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA, where he has served on the faculty since 2007.

Dr. Martin has authored or co-authored over 80 clinical research publications, chapters and three books, and presented 180 scientific papers at professional conferences, in the field of clinical psychology, health psychology/behavioral medicine, addictions treatment, motivational counseling, and Christian psychology, with emphasis in the areas of smoking treatment, diet intervention, cardiovascular risk modification, medical adherence, exercise promotion, behavior therapy, and brief motivational interviewing and counseling, and the integration of spiritual and behavioral approaches to change and health risk behaviors. He has served as Associate or consulting editor of a number of scientific psychology, psychiatry and behavioral medicine journals, and has served on U.S. government research grant review boards. Dr. Martin has been awarded over \$2.5 million in federal, state and private research grants in the fields of health psychology and addictions treatment.

Dr. Martin has been interviewed or quoted in a number of newspapers and magazines, as well as radio and television concerning his clinical research findings on exercise promotion, behavioral treatment of high blood pressure and smoking and addictions treatment. He is currently involved in development of brief motivational approaches in addictive behavior and tobacco use, including internet-based health and addictions treatments. He is president and CEO of Smokefade, Inc., an Internet-based smoking treatment program based on cognitive, behavioral and motivational science and research ([www.smokefade.com](http://www.smokefade.com)).

As an expert in the field of motivation and behavior change, Dr. Martin has conducted training workshops for medical, and psychological professionals and international business, academic and church organizations. Finally, over the past 12 years he has made seven trips to Southern Africa as a scientist, researcher and psychologist, for the war on HIV/AIDS, in which he has conducted research and professional training on counseling interventions for HIV prevention, intervention and lifestyle change in government clinics and church organizations in South Africa, Namibia and Swaziland. He has been a visiting professor of psychology to Universities in eastern Germany (Magdeburg) and South Africa (University of Johannesburg; Stellenbosch University), and on mission trips to Romania, Germany, England and Mexico.

Finally, Dr. Martin has maintained private clinical and consulting practice, focusing on relationship counseling, post traumatic stress disorder intervention, conflict resolution, anger management, addictions treatment, and Christian counseling. John volunteers his time as a leader in the Celebrate Recovery Christian 12-Step Program for addictions, the Hospital Ministry, and as the Director of Academic Development for the Cottonwood Leadership College, following his graduation from their school of ministry in 2009.